

# MOBIDERM® MADE TO MEASURE SLEEVES

## 1- Anatomical Markers



Select the necessary anatomical landmarks according to the chosen garment model.  
Position the landmarks on the outer side of the arm and the dorsal side of the hand.

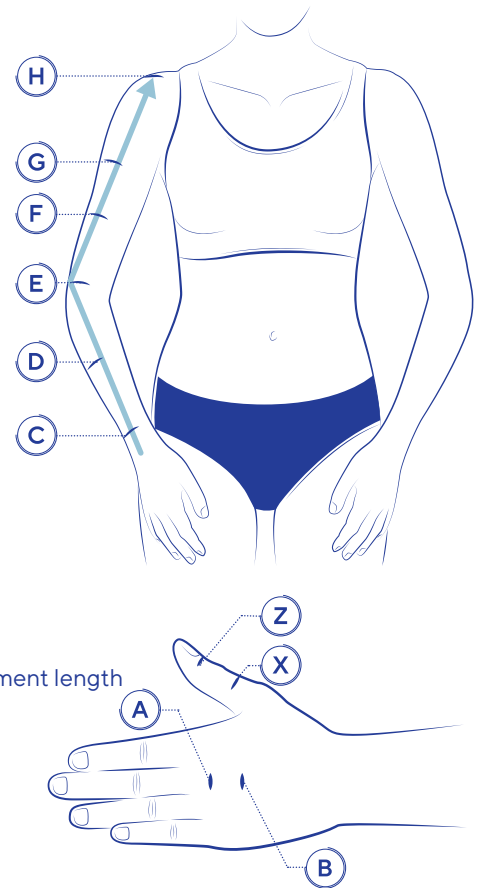
### ARM

- (C) At the narrowest point of the wrist
- (D) At the strongest point of the forearm
- (E) At the elbow crease
- (F) At the strongest point of the biceps
- (G) At the axillary hollow
- (H) At the desired height from point G, in case of an angled proximal end (between 3 cm and 15 cm)

### HAND

- (B) In line with the thumb web
- (A) At the head of the metacarpals
- (X) Option with thumb: at the thumb web
- (Z) Option with thumb: at the desired garment length

Avoid stopping the garment on the nail or at a joint.

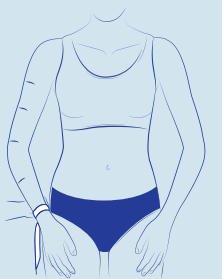


## 2- Measure the circumferences



Take measurements in direct contact with the skin without pulling the measuring tape.

### ARM



cC: add 0.5 cm to the measurement for additional comfort.



cD



cE



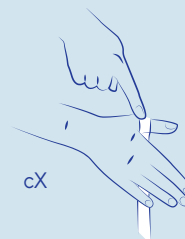
cF



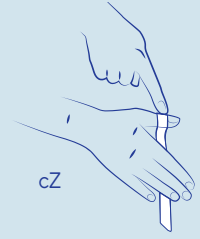
cG

### HAND

Thumb Option



cX



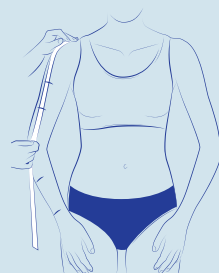
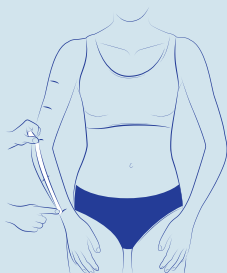
cZ

## 3- Measure the heights



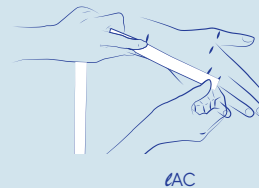
Take the measurements on the outer side of the arm, with the arm slightly bent, and the measuring tape placed against the skin. Measure the heights from the middle of the wrist to the elbow tip, then from the elbow tip to the underarm landmark.

### ARM

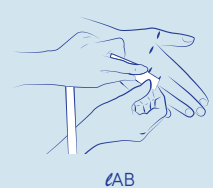


Arm heights from the wrist:  
cD, cE, cF, cG

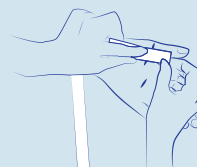
### HAND



cAC



cAB



Thumb option: height of the thumb from landmark X to Z (cXZ)